



Stand in front of a mirror.

Can you see somebody? Yes, you will say, 'Me!'.



**That is me!** 

In the mirror

What do I see?

Someone special

That is me!

My eyes, my ears

My lips, my nose

No one's looks are

Just like those.

All my favourite

Things to do,

Are not all

The same for you.

In the mirror

What do I see?

Someone special

That is me!





## All about me



1. My name is \_\_\_\_\_.
2. I am \_\_\_\_\_ years old.
3. I am a \_\_\_\_\_. (boy/girl)
4. My birthday is on \_\_\_\_\_.
5. I live in \_\_\_\_\_.
7. My mother's name is \_\_\_\_\_.
8. My father's name is \_\_\_\_\_.
9. I study in \_\_\_\_\_ school.
10. I have \_\_\_\_\_ brothers and \_\_\_\_\_ sisters.



## I am growing



Paste a picture of yourself when you were :

One year old

Three years old

Look at both the pictures. Can you spot three things that have grown bigger since you were one year old.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



## I like them

We all like some things more than other things. These are our favourite things.

Name your favourite things in the space given below.

**Colour**

\_\_\_\_\_

**Food**

\_\_\_\_\_

**Dress**

\_\_\_\_\_

**Sport**

\_\_\_\_\_

**Flower**

\_\_\_\_\_

**Animal**

\_\_\_\_\_



## Things I have learnt

- ▶ I am special. I am not like anyone else.
- ▶ I am growing with time.
- ▶ There are some things I like and some that I do not like.



## Do Yourself

A. Turn to your partner sitting to your left or right. Ask the following questions. Note down the answer in the space given.

1. What is your name?
2. When is your birthday?
3. How old are you?
4. Who is your best friend?

\_\_\_\_\_

\_\_\_\_\_

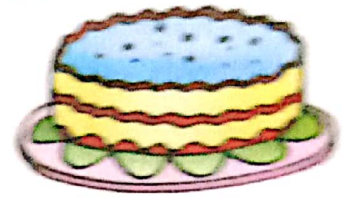
\_\_\_\_\_

\_\_\_\_\_

5. What is your favourite sport? \_\_\_\_\_

6. What is your favourite colour? \_\_\_\_\_

B. Draw as many candles on this cake as your age and colour them with different colours.



C. Fill in the blanks to say more about yourself.

1. I was born in \_\_\_\_\_

2. My height is \_\_\_\_\_

3. My weight is \_\_\_\_\_

4. I have \_\_\_\_\_ eyes. (brown/black)

5. I have \_\_\_\_\_ hair. (curly/short/long)

6. My best friend is \_\_\_\_\_



### Fun activity

Let us sit in a circle and play the game 'About Myself'. One of us will roll the ball. The student who gets the ball will introduce herself or himself. Then the student will roll the ball to another. Each one of us will get the ball in turn.



### Teacher's Note

Encourage children to talk about themselves - their families and what they think about school. Ask them to tell in the class about their interests and hobbies.